DNS ADVANCED

Clinical Course for Registered Practitioners

Introduction

This DNS Advanced course focuses on more complex clinical management explanation for clinicians to integrate more advanced DNS protocols into regular practice.

Covering advanced case assessment & treatment demonstration, along with follow-up discussions with the instructor regarding findings and rationale for techniques utilised.

Julia Demekova will join from the Prague School of Rehabilitation, presenting with Inger Villadsen to establish attendee individual goals (DNS understanding & skills) for students.

PARTICIPATION REQUIREMENTS

PRAGUE SCHOOL OF REHABILITATION

DNS A, B & C should be completed prior to this course. DNS courses are based on neurophysiology, neuroanatomy, muscle physiology and kinesiology with an emphasis on diagnostics.
These courses are limited to licensed health professionals (MD, DO, PT, DC, OT, ATC, massage therapists).

In addition, the organizer reserves the right to limit the audience. Please check with the organizer.

Course Objectives

- Provide an enhanced understanding and ability to apply Dynamic Neuromuscular Stabilisation in Neurological and Paediatric clients.
- Postural-locomotion function: analysis, neurological causes of its disturbance, therapy and training procedures.
- Physiological and abnormal early motor development: case studies, video demonstration, live infant demonstration: postural analysis, postural reactions, primitive reflexes, determining developmental age quotient of retardation.
- Review of reflex locomotion positions: modifications, combinations of vectors and zones. Reflex locomotion and combinations of higher developmental positions, kinesiology of planned movements etc.
- Advanced case assessment & treatment demonstration, with follow-up discussion with the instructor regarding findings and rationale for techniques utilised.
- The course will be a combination of lecture, demonstration Patient examples, various live case studies and work shopping.
- DNS Advanced is a three day course. CPD Hours = 18.
  For further information:
  https://www.ahpra.gov.au/Registration/Registration-Standards/CPD.aspx
- DNS testing - movement patterns - how to recognize normal/abnormal patterns: detailed analysis, where is the key link? Which functional deficit to first address? Strategy of treatment in particular cases.
- Advanced Clinical assessment & case studies.

DYNAMIC NEUROMUSCULAR STABILIZATION
DNS®
Motor Control for Life

Dynamic Neuromuscular Stabilization according to Kolar

DNS ADVANCED

This course is a collaborative event, presented by Inger Villadsen + Marcela Safarova from the Prague School of Rehabilitation. Focus is on clinical assessment and corrective therapy application skills in this advanced DNS workshop.

Julia Demekova

MPT

Julia Demekova MPT is a 2007 graduate of Palacky University in Olomouc in the Czech Republic. Since 2009, Julia has practiced at the Clinic of Rehabilitation and Physical Medicine in the Faculty Hospital in Motol in Prague, under the supervision of Professor Pavel Kolar. From the commencement of her work at Motol, she assisted in instructing courses on Dynamic Neuromuscular Stabilization, in accordance with the methods of Professor Kolar. Two years later (in 2011), Julia became a certified instructor in DNS: the first and only instructor from Slovakia. In addition to this, during this time she studied the methods of Professor Karel Lewit.

Julia has wide experience with the treatment of neurological, musculoskeletal and orthopedic patients: she worked in a spinal cord injury unit since 2009 until 2015. She still treats both adults and children with a variety of diagnoses.

Julia combines in her daily work her knowledge from a wide variety of different courses she has taken: Diagnostics and the Treatment of Functional Disturbances in the Musculoskeletal System (2007); S-E-T concept (2009); Sensory Stimulation (2010); Medical Taping Concept (2010); Quadrupedal Locomotion in the Prevention and the Treatment of Functional Disturbances of the Axial System (2011), Developmental Kinesiology in the Diagnosis and Treatment of Infants (2014) and Fascial Manipulations According to Stecco (2018).

Julia has been an instructor in the DNS concept since 2011, and has taught clinical, sports medicine and paediatric courses in a variety of countries in North and South America, Europe UAE, Turkey and Asia.comotor system dysfunction. She works as a physiotherapist of the Rehabilitation Department at the University Hospital Motol in Prague.

Inger Villadsen

D.C. M.SC (CLIN EPI) POSTGRAD DIP. NMS REHABILITION

Inger was born in Denmark and studied chiropractic at Odense University and the Anglo European College of Chiropractic in Bournemouth, England graduating in 1985.

After working for three years in Europe, Inger migrated to Australia and commenced private practice in 1988.

Her practice, Nineways Chiropractic Clinic is where she is a practitioner addressing functional rehabilitation in chronic pain patients, particularly focusing on elite sports performers.

Inger is dedicated to disseminating a greater understanding of DNS methods and contributing to the associated body of knowledge.

She has been a certified DNS instructor since 2007, lecturing and/or supporting Prague School instructors in DNS courses and workshops in Australia, Japan, Europe, China, India and North America.

Certificate of Attendance

A Certificate of ATTENDANCE will be awarded by local instructor

OPTIONAL EXAMINATION

Participants who would like to participate in the educational track towards becoming a certified practitioner can take this exam for an additional fee of 100 Euros.

The test will consist of an analysis of adult patients. A link to view the videos will be sent to participant for analysis. Participants are required to return the test to the DNS instructor within a month after the course. May only re-take the test 3 times. Upon successful completion and passing of the test, a Certificate of ACHIEVEMENT from Prague School of Rehabilitation will be awarded.

Course Program

Day 1 –	1st case	Incomplete spinal cord injury (C5) patient
	9.00-10.30	Theory pertaining to the case presentation
	11.00-12.30	Patient exam and functional assessment followed by treatment and exercises
	2nd case	Incomplete spinal cord injury (C4) patient with central cord syndrome
	13.30-15.00	Theory pertaining to the case presentation
	15.30-17.00	Patient exam and functional assessment followed by treatment and exercises
Day 2 –	3rd case	Traumatic brain injury in a young male
	9.00-10.30	Theory pertaining to the case presentation
	11.00-12.30	Patient exam and functional assessment followed by treatment and exercises
	4th case	Cerebral Palsy in a young male
	13.30-15.00	Theory pertaining to the case presentation
	15.30-17.00	Patient exam and functional assessment followed by treatment and exercises
Day 3 –	5th case	Scoliosis patient
	9.00-10.30	Theory pertaining to the case presentation
	11.00-12.30	Patient exam and functional assessment followed by treatment and exercises
	6th case	Orthopaedic case : chronic LBP – impaired right shoulder function
	13.30-15.00	Theory pertaining to the case presentation
	15.30-17.00	Patient exam and functional assessment followed by treatment and exercises

COST:

Will be advised on website, when course is advertised, please note there is an additional fee of 80 Euros charged by the Prague School of Rehabilitation, which facilitates the certification and contributes towards research. (Website link displayed on registration page)

REGISTRATION:

Available online at www.dnsaustralia.com

CANCELATION & REFUNDS:

Cancellation must be forwarded to DNS Australia by email, cancellation requests will be refunded less a $50 admin fee. Refunds will be given for cancellation received up to one week before course commences.

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DNS Australia are not responsible for any airfares or other expenses incurred, should the workshop be cancelled due to any circumstances outside of its control, however a full refund of the workshop registration fee would be issued. Also DNS Australia will not accept responsibility for injury or damage to persons or property occurring during the workshop.